



# INSTRUCTOR

SURVIVAL Course

## *Kit Checklist*

### PERSONAL COURSE KIT

- Kit bag or rucksack
- Survival knife
- Firesteel
- Water bottle
- Folding saw
- Multitool
- Survival paracord (5m)
- Cooking pot and spoon
- Headlamp or torch
- Sleeping bag
- Groundsheet or mattress
  
- Warm jacket
- Hat or cap
- Swim gear and towel
- Notebook and pencil
- Small first aid kit
- Personal fresh clothing
- Personal clothes & toiletries

Browse our SURVIVAL SHOP  
for quality kit.

[www.boswa.co.za](http://www.boswa.co.za)

