



# FATHER & SON

## SURVIVAL Course

*Training course information*

### **Survival skills you will learn on this course ...**

- The principles of survival
- What a human need to survive in the outdoors
- What to pack in a survival bag
- How to select and safely use a survival knife
- Outdoor shelters and how to sleep out in the wild
- Fire making techniques including friction fire demonstration
- How to find and make water safe to drink in the outdoors
- How to find safe food in the wild
- How to get rescued

### **What is the duration and times of this course ?**

- This 1-day practical training course starts at 08h00 and finish at 16h00.

### **Can anyone do this course and how old do I need to be ?**

- This course is open to anyone regardless of age or ability and no previous experience is needed. Kids under 16 years of age need to be accompanied by a paying adult

### **Do I need any equipment for this course ?**

- You will need some basic outdoor items for this course like a knife, firesteel, water bottle.
- You will receive a kit list of items to bring when making your booking.

### **What will I eat on this course ?**

- This is a morning course and we do not provide food for this course.

### **Where will I sleep on this course ?**

- This is a morning course and you do not sleep over on this course.

### **Where can I do this course ?**

- This course is available at our Western Cape, Gauteng, Kwazulu-Natal, North-West, Eastern cape and Cape town training branches.

### **How do I BOOK for this course ?**

- Simply complete the booking form on the website course page or e-mail us at [enquiries@boswa.co.za](mailto:enquiries@boswa.co.za). We will send you an invoice for payment to complete your booking !

[www.boswa.co.za](http://www.boswa.co.za)

