



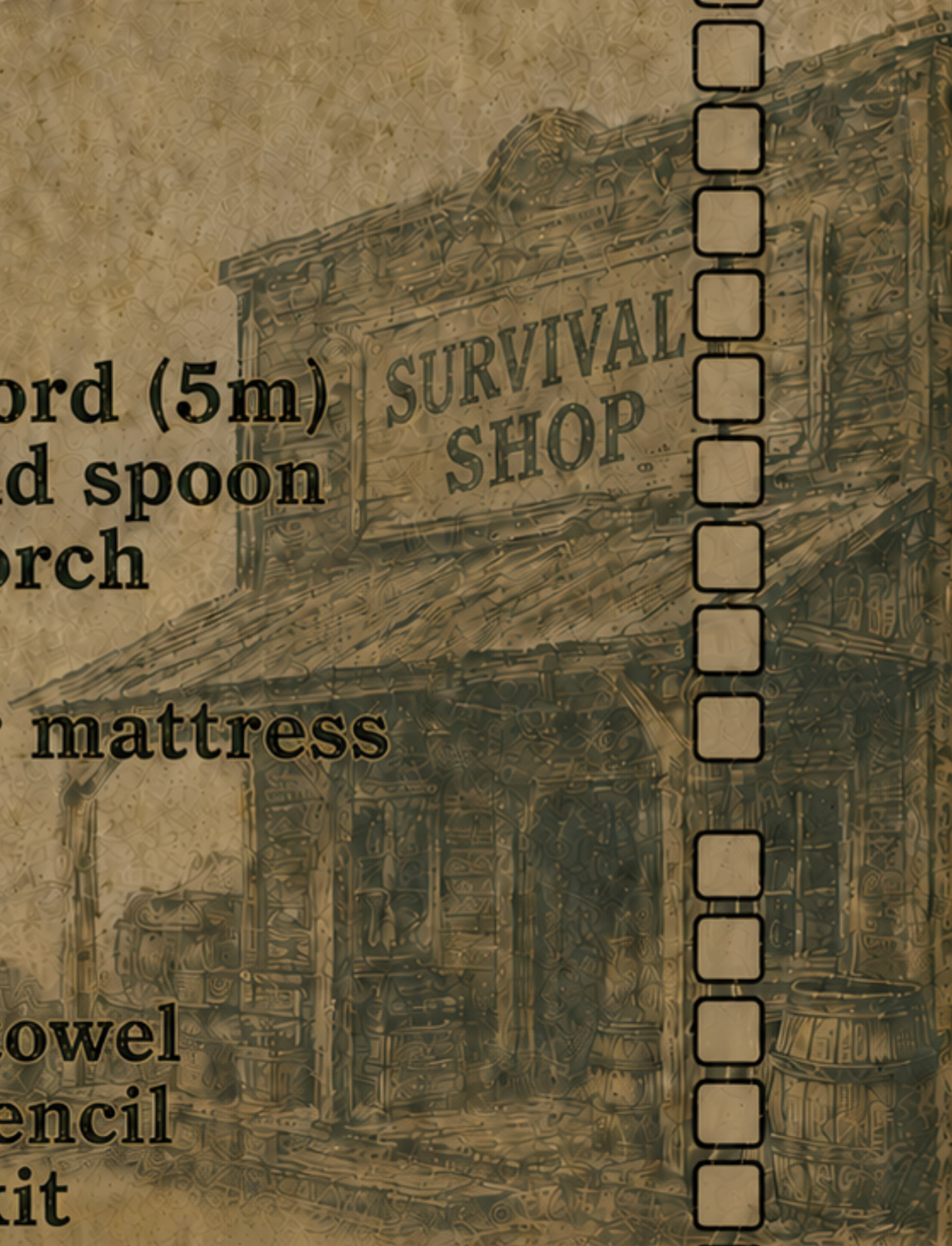
EXTREME SURVIVAL Course

Kit Checklist

PERSONAL COURSE KIT

- Kit bag or rucksack
- Survival knife
- Firesteel
- Folding saw
- Multitool
- Survival paracord (5m)
- Cooking pot and spoon
- Headlamp or torch
- Sleeping bag
- Groundsheet or mattress

- Warm jacket
- Hat or cap
- Swim gear and towel
- Notebook and pencil
- Small first aid kit
- Personal fresh clothing
- Personal clothes & toiletries



Browse our **SURVIVAL SHOP** for quality kit.

www.boswa.co.za

