



EXTREME

SURVIVAL Course

Training course information

Survival skills you will learn on this course ...

- Recap of the principles of basic survival
- Extreme survival kit packing
- Survival hiking
- Outdoor navigation
- Shelter building
- Water and food in the wild
- Managing wild animals
- Survival camp setup
- Rescue terrain navigation

What is the duration and times of this course ?

- This 3-day and 2-night practical training course starts at 10h00 on day 1 and finish at 12h00 on day 3

Can anyone do this course and how old do I need to be ?

- This course is open to anyone regardless of age or ability.
- Open to students that have completed the Basic survival course.
- Kids under 18 years of age need to be accompanied by a paying adult

Do I need any equipment for this course ?

- You will need some basic outdoor items for this course like a knife, firesteel, water bottle and a sleeping bag.
- You will receive a kit list of items to bring when making your booking.

What will I eat on this course ?

- All food are provided for this course and you will receive a ration pack with food. You will not be expected to eat any insects or weird food if you do not want to.

Where will I sleep on this course ?

- We provide waterproof survival shelters and the sleeping experience on this course is a great experience that you will cherish forever.
- You will also build a shelter on this course and sleep in the shelter.

Where can I do this course ?

- This course is available at our Western Cape and Gauteng training branches.

How do I BOOK for this course ?

- Simply e-mail us at enquiries@boswa.co.za or complete the enquiry form on the course page of our website. We will send you a booking form and invoice and get you BOOKED in !

www.boswa.co.za

