



# SURVIVE LIFE COURSE

## COURSE INFORMATION

### **SURVIVE LIFE COURSE CLASSES AND SKILLS YOU WILL LEARN**

- \* **Survival skills** - you will learn important survival skills to stay safe in the outdoors.
- \* **Safe cutting skills** - you will learn how to safely use a survival knife.
- \* **Fire making** - you will learn how to make a fire safely and effectively in the outdoors.
- \* **Shelters** - you will learn how to find shelter against the elements and outdoor dangers.
- \* **Survival food** - you will learn how to find safe food for survival.
- \* **Survival water** - you will learn how to find and make water safe to drink in the outdoors.
- \* **Rescue** - you will learn how to get rescued in an emergency situation.
- \* **Life skills** - you will learn how to make good decisions in your life to be able to survive life !

### **WHY SHOULD I BOOK FOR THIS COURSE ?**

This is a life-changing course that is a MUST-DO for anyone that want to make good decisions and changes in your life to be able to face the challenges of the world.

### **WHAT IS THE DURATION OF THE COURSE ?**

The course is 1-day. We start at 09h00 and finish at 15h00.

### **HOW OLD DO I NEED TO BE TO BOOK FOR THIS COURSE ?**

Anyone over the age of 16 years can book and attend this course on his/her own. Kids under 16 need to be accompanied by an adult.

### **DO I NEED EXPENSIVE EQUIPMENT FOR THE COURSE ?**

You do not need expensive kit for this course and you can download the complete kit list from the website page.

### **WHAT WILL I EAT ON THIS COURSE ?**

We do not provide food for this course and you are also welcome to bring your own lunch and snacks.

### **WHERE WILL I SLEEP ON THIS COURSE ?**

You do not sleep over on this course.

### **WHERE IS THE COURSE HELD ?**

This course is available at our Western Cape, Eastern Cape, Cape Overberg and North West training branches.

### **HOW CAN I BOOK MY PLACE ON THIS COURSE ?**

Simply e-mail us at [enquiries@boswa.co.za](mailto:enquiries@boswa.co.za) and we will send you a booking form and invoice for the course. You complete the booking form and return with proof of payment to complete your booking.

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E-mail : [enquiries@boswa.co.za](mailto:enquiries@boswa.co.za)

Phone/Whatsapp : 072-916-5080

