



# BASIC SURVIVAL COURSE

## COURSE INFORMATION

### **BASIC SURVIVAL COURSE CLASSES AND SKILLS YOU WILL LEARN**

- \* **The principles of survival** - you will learn what a human need in the outdoors for survive.
- \* **Survival kit** - you will learn how to select and pack your own survival kit.
- \* **Safe cutting** - you will learn how to safely use your knife for cutting and carving.
- \* **Cordage** - you will learn how to make rope from plants.
- \* **Survival knots** - you will learn how to tie important knots for survival.
- \* **Survival shelters** - you will learn how to build different types of outdoor shelters.
- \* **Survival fire-making** - you will learn how to make a fire using modern and primitive skills.
- \* **Water for survival** - you will learn how to find and make water safe to drink for survival.
- \* **Survival food** - you will learn where to find food and how to select safe food for survival.

### **WHY SHOULD I BOOK FOR THIS COURSE ?**

This is a complete survival course and you will learn all the important skills for survival in the outdoors on this course. The skills you will learn on this course is not only life-saving survival skills, it is life skills that you can apply to all areas of your life to be able to survive in this world. After this course you will have the skills and knowledge to be able to stay safe and alive in the outdoors and you will have the confidence to be able to explore the outdoors safely.

### **WHAT IS THE DURATION OF THE COURSE ?**

The course is 1-day. We start at 08h00 and finish at latest 16h00.

### **HOW OLD DO I NEED TO BE TO BOOK FOR THIS COURSE ?**

Anyone over the age of 16 years can book and attend this course on his/her own. Kids under 16 years should be accompanied by an adult.

### **DO I NEED EXPENSIVE EQUIPMENT FOR THE COURSE ?**

You do not need expensive kit for this course and you will be able to complete the course with a few simple outdoor kit items that you can use for any camping or outdoor trip. You will need a knife, water bottle and cooking pot.. The rest of the kit on the kit list is recommended items but not essential.

### **WHAT WILL I EAT ON THIS COURSE ?**

We provide a lunch on this course and you will not be expected to eat insects or any outdoor food items that you do not want to. .

### **WHERE WILL I SLEEP ON THIS COURSE ?**

You do not sleep over on this course.

### **WHERE IS THE COURSE HELD ?**

We have training branches in Gauteng (Hekpoort) and Western Cape (Gouritsmond) and this course is being presented from a safe and comfortable bush camp. Your vehicle will be safe and close to the bushcamp.

### **HOW CAN I BOOK MY PLACE ON THIS COURSE ?**

Simply e-maul us at [enquiries@boswa.co.za](mailto:enquiries@boswa.co.za) and we will send you a booking form and invoice for the course. You simply complete the booking form and return with proof of payment to complete your booking.

