

## KIT Checklist

## You will need ...

Small rucksack	Warm jacket	
Survival knife	Long trousers	
Firesteel	Hiking boots	
Water bottle	Hat or cap	
15ft paracord	Sunscreen	
Survival saw	Toothbrush	
Rescue whistle	Toilet paper	
Cooking pot	Soap	
Mug and spoon	Notebook	
Headlamp	Pen	
Sleeping bag		
Groundshoot		

Do not go and buy the wrong or bad quality kit! Contact us for FREE advice ....

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