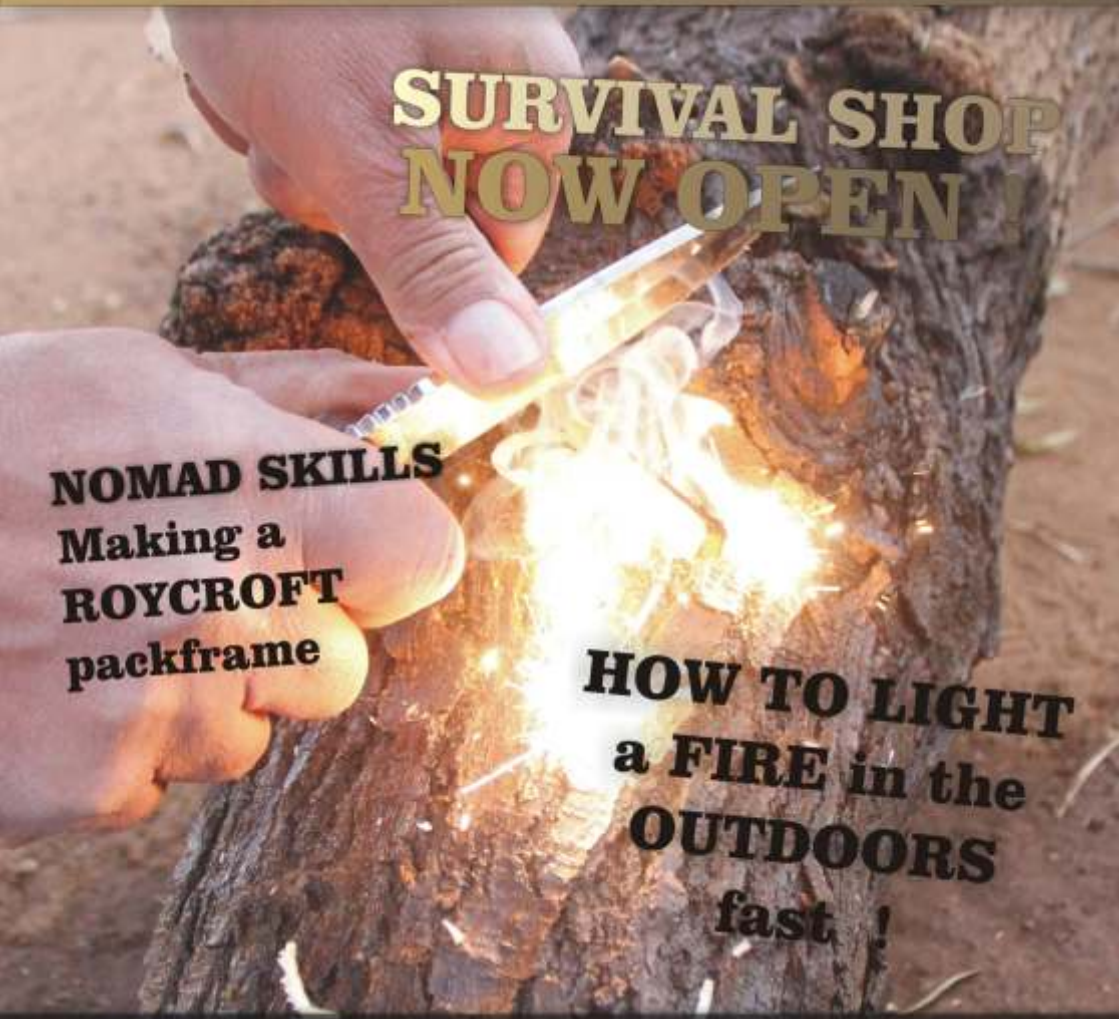
BOSWA SURVIVAL

SURVIVAL Magazine

Issue 2 - January 2022



SURVIVAL SHOP NOW OPEN !

NOMAD SKILLS

Making a ROYCROFT packframe

HOW TO LIGHT a FIRE in the OUTDOORS fast !

" I hope to meet you on a course around the campfire soon " *Herman*

www.boswa.co.za

ABOUT
BOSWA SURVIVAL

"When I started running survival courses in South-Africa back in 2007, I had a vision to create an elite training academy where I could train people in the ancient art of survival.

Today that dream is a reality. I am blessed in so many ways and Boswa have survived years of hardships and challenges to become the foremost and only dedicated survival training academy in South-Africa.

We have trained 3468 Students, 78 Rangers and 14 course Instructors on training courses so far. I have also trained 3 senior Instructors.

Boswa now have branches in Gauteng, Limpopo and the Western Cape.

Our range of survival courses are open to anyone regardless of age or ability and we train people from all walks of life.

I hope to welcome you around the campfire on a survival course soon !"

Herman

CONTENTS

Why did I start doing survival ?	**Page 4**
Basic Survival Course **Start your own journey of discovery**	**Page 5**
TRAINING BRANCHES **Training branches in South-Africa**	**Page 6**
RANGER Survival course.	**Page 7**
SURVIVAL BUSHCRAFT SKILLS **How to light a fire in the outdoors**	**Page 8**
Survival course calendar	**Page 10**
NOMAD SKILLS **Making a Roycraft pack frame**	**Page 13**
SURVIVAL SHOP **Survival products and online shop**	**Page 16**
ADVERTISE YOUR BUSINESS	**Page 19**

To receive your free copy of issue 1 of our survival magazine, please e-mail us and ask for your free copy.

sales@boswa.co.za

Why did I start doing survival ?

By Herman Roos

We live in a world that has lost control and the problems of the world is impossible to solve !

I am not trying to make you negative and I am certainly not saying that we should lose hope, in fact I am trying to give you hope.

The only way that we are going to survive in this world of chaos is to realize that we need to take control of our own lives and to take responsibility for our own future.

I started doing survival to get away from all the daily pressures of life and I found peace in nature. Escaping into the wild has given me the freedom to think about my life, and in nature I found the time to talk to God. All those days spent in the outdoors on my own survival trips and adventures have cleared my mind, giving me the quiet time I needed to get rid of my stress and to take control of my life !

I truly believe that we need to take responsibility for our own lives and future. Survival training gives us the skills to be able to solve problems, take control of challenging situations and to formulate plans to overcome obstacles.

Survival gives us the skills and confidence to explore the outdoors safely and survival gives as the opportunity to spend much-needed time in nature away from all the pressures and stresses of life. Survival not only teach us amazing skills, Survival will save your life on so many levels ! I hope to meet you around the campfire on a survival course soon !

Herman

BASIC SURVIVAL COURSE

"Your journey of discovery begins here"

Begin your journey of discovery on this weekend survival course where you will learn all the basic principles of survival from a safe and comfortable bush camp.

Only R1295 All inclusive

Survival skills are expertly demonstrated by our instructors before you try the skills yourself. This course is not an endurance course but is designed to teach you important survival skills while you enjoy a great weekend in the outdoors.

" Start your own journey of discovery ! "

WHAT SKILLS WILL YOU LEARN ON THIS COURSE ?

* How to pack your own survival kit.
* How to safely use your knife.
* How to select and prepare natural tinder.
* How to light a fire using a firesteel.
* How to light a fire with friction.
* How to build a shelter.
* How to find and purify water.
* How to find safe food in the wild.
* How to set up traps and snares.
* How to make rope from plants.
* How to navigate with nature signs.
* How to get rescued.

THE ADVENTURE OF A LIFETIME !

A food ration pack is included in the course and you will sleep under a waterproof survival basha. This is a great experience if you have never slept in the outdoors under the stars before.

- THIS COURSE IS OPEN TO ANYONE REGARDLESS OF AGE OR PHYSICAL ABILITY -

The BASIC SURVIVAL Course truly is an experience of a lifetime and you will leave this course with a new sense of adventure and with skills and knowledge that will come in handy in the outdoors !

STASA

COURSE SIZE : Maximum 15 Students
COURSE TIMES : Saturday 08h00 - Sunday 12h00
DURATION : 2 DAYS
COST : R1295

www.boswa.co.za

BOSWA TRAINING BRANCHES
GAUTENG - WESTERN CAPE - LIMPOPO

The GAUTENG training branch is currently our basecamp and all our courses are available st this branch.

Located on the R560 at the foothills of the Magaliesberg mountains !

The CAPE branch is open for Discover survival, Basic survival and Kids survival courses.

2 Training locations which is in Kommetjie and Mosselbaai.

The LIMPOPO branch is open and is running most of our range of courses. Please contact us for more info.

Located just outside Bela-bela on the Thamazimbi road.

We run courses ANYWHERE in South-Africa and we can travel to your location for groups of 8 people or more. Contact us to enquire !

RANGER SURVIVAL
Training Course

"Become an elite survival ranger"

NEXT COURSE DATE 18-26 June 2022

sales@boswa.co.za / 072 916 5080

www.boswa.co.za

By Herman Roos

HOW TO light a fire in the outdoors

In the wilderness you need to be able to light a fire fast in any weather conditions. Learning the technique to create a flame from spark with a firesteel is a skill that any outdoorsman should have.

In this article you will learn how to light a fire with a firesteel effectively. You will need a firesteel and a tool with a sharp edge to be able to scrape the firesteel to produce sparks. I use my knife as the scraping tool but you can also use a sharp piece of glass, rock or any other sharp-edged object.

You will also need a good tinder bundle like grass or bark that has been prepared to create a fine structured tinder. The finer the tinder bundle material is, the easier you will be able to create flame from a firesteel and light a fire.

Like any outdoor survival skill you will be able to master the technique if you are prepared to learn the correct skill and technique, and if you are prepared to practice the skill often.

In no time you will be able to light a fire like a professional every time you need to make a fire in the outdoors.

I have developed a technique to create sparks with a firesteel that work well for students on my survival courses.

STEP 1. Hold the firesteel in your non-dominant hand so that the tip of the firesteel extend just beyond your fingers.

STEP 2 - Hold the scraper or knife in your dominant hand laying the sharp edge of the knife on the tip of the firesteel.

STEP 3 - Place the thumb of your dominant hand on the blade and place the thumb of your non-dominant hand on the other thumb.

STEP 4 - With a forward scraping movement roll the wrist of your dominant hand while pushing down on the blade with your thumbs. This will create a shower of sparks that will be concentrated in a small spot on your tinder bundle igniting the fine tinder and creating flame.

To learn amazing survival skills I recommend that you do a survival course with Boswa Survival To buy your firesteel you can visit our survival shop or buy online at **www.boswa.co.za**.

I look forward to welcoming you around the campfire on a survival course soon.

Herman

SURVIVAL TRAINING
OUTDOOR TRAINING COURSES CALENDAR

KNIFE MAKING
Bushcraft Course
15 January 2022

TRAPPING
Bushcraft Course
16 January 2022

ADVANCED SURVIVAL
Training Course
21-23 January 2022

KIDS SURVIVAL
Training Course
22 January 2022

NAVIGATION
Training Course
22 January 2022

WILD FOODS
Training Course
22 January 2022

BUSH MEDIC
Training Course
29 January 2022

SAFE SURVIVAL
Urban Training Course
29 January 2022

BASIC SURVIVAL
Training Course
5-6 February 2022

KIDS SURVIVAL
Training Course
5 February 2022

ALONE IN THE WILD
Survival Challenge
11-13 February 2022

ADVANCED BUSHCRAFT
Training Course
11-13 February 2022

KNIFE MAKING
Bushcraft Course
12 February 2022

BUSHCRAFT
Training Course
19 February 2022

ADVANCED MEDIC
Training Course
19-20 February 2022

ADVANCED
Navigation Course
26-27 February 2022

DISCOVER SURVIVAL
Training Course
5 March 2022

KNIFE MAKING
Bushcraft Course
12 March 2022

BUSH MEDIC
Training Course
12 March 2022

EXTREME SURVIVAL
Survival Course
19-20 March 2022

SOLO SURVIVAL
Training Course
19-20 March 2022

SAFE SURVIVAL
Urban Training Course
26 March 2022

BASIC SURVIVAL
Training Course
2-3 April 2022

KIDS SURVIVAL
Training Course
2 April 2022

ADVANCED BUSHCRAFT
Training Course
8-10 April 2022

KNIFE MAKING
Bushcraft Course
9 April 2022

BOW MAKING
Training Course
9 April 2022

TRAPPING
Bushcraft Course
10 April 2022

ADVANCED SURVIVAL
Training Course
15-17 April 2022

ADVANCED
Navigation Course
16-17 April 2022

BUSHCRAFT
Training Course
16 April 2022

WILD FOODS
Training Course
17 April 2022

ADVENTURE BIKE
Training Course
22-24 April 2022

TRACKING
Bushcraft Course
23 April 2022

DISCOVER SURVIVAL
Training Course
7 May 2022

ADVANCED MEDIC
Training Course
14-15 May 2022

NAVIGATION
Training Course
14 May 2022

DEEP SEA FISHING
Adventure Trip
19-22 May 2022

BUSH MEDIC
Training Course
21 May 2022

ADVENTURE BIKE
Expedition Trip
27-29 May 2022

SAFE SURVIVAL
Urban Training Course
28 May 2022

BASIC SURVIVAL
Training Course
4-5 June 2022

KIDS SURVIVAL
Training Course
4 June 2022

KNIFE MAKING
Bushcraft Course
11 June 2022

TRACKING
Bushcraft Course
12 June 2022

WILDERNESS HIKING
Training Course
17-19 June 2022

SURVIVAL RANGER
Training Course
18-26 June 2022

EXTREME SURVIVAL
Survival Course
24-26 June 2022

SOLO SURVIVAL
Training Course
24-26 June 2022

DISCOVER SURVIVAL
Training Course
2 July 2022

BOW MAKING
Training Course
3 July 2022

ADVENTURE BIKE
Training Course
8-10 July 2022

NAVIGATION
Training Course
9 July 2022

TRAPPING
Bushcraft Course
10 July 2022

ADVANCED SURVIVAL
Training Course
15-17 July 2022

ADVANCED
Navigation Course
16-17 July 2022

ADVANCED BUSHCRAFT
Training Course
22-24 July 2022

BUSHCRAFT
Training Course
23 July 2022

WILD FOODS
Training Course
24 July 2022

BASIC SURVIVAL
Training Course
6-7 August 2022

KIDS SURVIVAL
Training Course
6 August 2022

KNIFE MAKING
Bushcraft Course
13 August 2022

BUSH MEDIC
Training Course
14 August 2022

ALONE IN THE WILD
Survival Challenge
19-21 August 2022

SAFE SURVIVAL
Urban Training Course
27 August 2022

ADVANCED MEDIC
Training Course
27-28 August 2022

DISCOVER SURVIVAL
Training Course
3 September 2022

DEEP SEA FISHING
Adventure Trip
7-11 September 2022

TRACKING
Bushcraft Course
10 September 2022

SURVIVAL RANGER
Training Course
17-25 September 2022

EXTREME SURVIVAL
Survival Course
23-25 September 2022

SOLO SURVIVAL
Training Course
23-25 September 2022

BASIC SURVIVAL
Training Course
8-9 October 2022

KIDS SURVIVAL
Training Course
8 October 2022

ADVANCED SURVIVAL
Training Course
14-16 October 2022

BOOK YOUR PLACE NOW !

www.boswa.co.za

Visit our website for dates on all our amazing courses.

We look forward to welcoming you around the campfire on a course soon !

NOMAD SKILLS

Making a Roycraft packframe

Making any survival item from natural materials is what Bushcraft is all about. In this article of Nomad Skills you will learn how to make a simple backpack from a few pieces of wood and cord.

The Roycroft packframe is named after Tom Roycroft, a survival instructor in the Canadian military in the 1960's. It is an awesome lesson in self-sufficiency, knife skills, knots and the use of a blanket or tarp as a packing system. This is a valuable outdoor skill to have.

At a weight of only about 300g it is perfect for survival where weight is important. You will need just 3 sticks and some cordage. The sticks in your Roycroft packframe can be used for other survival needs in camp such as making traps. You can carry remarkably big loads over decent distances with this system.

To make a Roycroft packframe you will need 3 sticks of about a thumb thickness. Two of the sticks need to be as long as from under your armpit to your outstretched fingertips and the third stick need to be as long as from your elbow to your fingertips.

The three sticks are then laid down into a triangle and notches are cut into the parts where the sticks will meet to give a flat surface to facilitate the binding. The flat surfaces are facing each other so that the sticks will not roll when binded with cordage. The two long sticks are laid facing outwards when the binding are done.

The long arm and the short arm are now joined with a Canadian jam knot or what I call a bushcraft cable-tie. Make a half hitch when the knot has tightened and cut short and melt the end.

Repeat on the other side and then bring the two long arms inwards so that they cross at the top. This will create extra tension on the two bottom lashings. Now lash the two long arms crossing at the top with the same knot and finish off.

The finished frame should be tight and forming a perfect triangle.

For strapping you can use paracord, webbing or even make your own cordage from natural materials.
A larks head knot is used over the top with webbing in this case to form the shoulder straps.

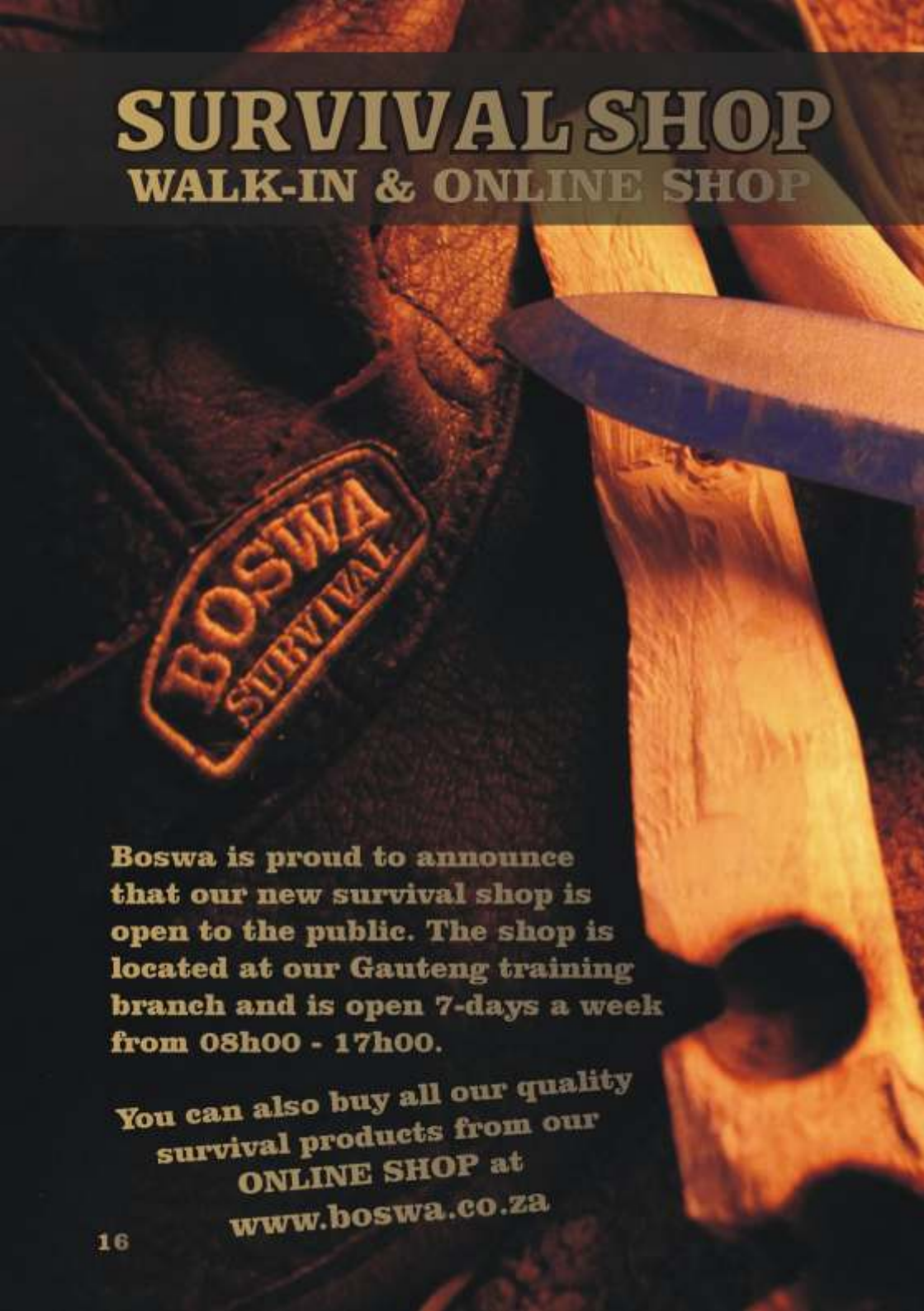
Around 4 meters of webbing is used to facilitate the carry straps. Once fixed to the top of the pack frame with a larks head knot, the straps are used over the shoulders hooking the bottom of the pack frame and then fastened around the body. Adjust your pack frame for comfort.

The Roycroft pack frame is now ready to be loaded with your kit and this bushcraft method of carrying kit will be covered in the next issue of our survival magazine.

To learn these amazing "NOMAD" bushcraft skills join the Advanced Bushcraft course!

SURVIVAL SHOP

WALK-IN & ONLINE SHOP



Boswa is proud to announce that our new survival shop is open to the public. The shop is located at our Gauteng training branch and is open 7-days a week from 08h00 - 17h00.

You can also buy all our quality survival products from our ONLINE SHOP at www.boswa.co.za

AFRICAN SURVIVAL HUNTER

R1700

This survival knife is designed and handmade by Herman Roos. This is the best all-round bushcraft and survival knife on the market !
1070 Carbon steel
African hardwood handle
Leather sheath included

BUSHCRAFT SURVIVAL KNIFE

R495

This is a great budget knife that most of our students use on survival courses.
Made from stainless steel with a beautifully finished synthetic handle, this knife is comfortable and durable.

Canvas sheath included

RANGER 15 SURVIVAL PACK

R1395

This compact survival pack is designed for survival ! Made from durable ripstop canvas this pack is waterproof and will last a lifetime.
Individual pockets make kit organizing easy and you will be able to pack all your essential survival kit for your next adventure !

SURVIVAL FIRESTEEL

R195

Light a fire anywhere in any weather conditions with this waterproof fire starter.

Burns at almost 3000 degrees and will ignite grass, bark and most outdoor natural tinder. You can also light gas and modern firelighters with your firesteel !

RANGER SLEEPING BAG

R1795

WATERPROOF ! This sleeping bag is designed for extreme weather conditions and will keep you warm and dry even in the rain.

An airvent in the feet allows for ventilation.

Size : 200 x 85cm Weight : 950g !

All these amazing survival products are available at our walk-in survival shop or you can buy your kit from our online survival shop !

We courier kit to anywhere in South-Africa !

SHOP SECURE and SAFE with BOSWA SURVIVAL.

ADVERTISE YOUR BUSINESS

WEBSITE - MAGAZINE - SURVIVAL SHOP

www.boswa.co.za

We now offer you the opportunity to advertise your business or service and reach thousands of potential customers !

ADVERTISE on our WEBSITE, in our new MONTHLY MAGAZINE and have your advertising sign displayed on our new ADVERTISERS WALL outside our SURVIVAL SHOP !

Only R995 per month !

Price INCLUDES your metal advertising sign.

Contact sales@boswa.co.za

BOSWA SURVIVAL

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BUSHCRAFT COURSES
KIDS SURVIVAL COURSES
SURVIVAL KIT SALES
SURVIVAL SHOP
ONLINE SHOP

We now have branches in
GAUTENG
WESTERN CAPE
LIMPOPO
MPUMALANGA

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www.boswa.co.za